

## PEACE CLINIC 2016 – “TRIBU ITUMAN” M-2016-018



*“Peace is not just the absence of war. Peace is recognizing and respecting diversity. It is also about assisting people to access their basic rights, resolving conflicts in the community and creating avenues for sustainable development.”*

Celebrating the fourth Peace One Day, CISV Bacolod mobilized this year celebration which focused on enriching the lives of these indigenous people ages 0 – 104 years old from Tribu Ituman, a tribe residing in the mountains of Himamaylan Negros Occidental.



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Travelling for four hours from the mountains, the tribe was welcomed by the CISV and Philippine Pediatric Society volunteers at the Himamaylan Gym. The JB's served 150 snacks and lunch for 130 participants and other volunteers.



The JB's did the famous energizer of the Philippines, “Balay ni Superman”, which was actively participated by the tribes even the 104 year old Chieftain.





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The JB's showed the importance and vitality of health education on hand and oral hygiene, proper nutrition through an action story telling so they can see how it is done properly and apply it in their daily lives.



They were given grooming kits, vitamins and a bag of basic necessities for them to use.



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The group was divided into two, the children were gathered by the JB's and they taught them fun Get to Know You and peace education (learning by doing) activities. They even had a dance showdown and requested their favorite songs.



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Meanwhile the adults had an open forum conducted by Dr. Alvin Parreno and the PPS (Philippine Pediatric Society) doctors about their common health issues and problems in their community.





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The Philippine Pediatric Society did consultation and the tribe had deworming and Vitamin A supplementation.



The tribe presented and showed their ethnic ritual dance with the use of their man-made instruments out of wood as an appreciation of thanks for giving them the chance to be heard and to be acknowledge.



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This Peace Clinic 2016 with the Tribu Ituman was exceptional, for it was inspirational day for CISV Bacolod to be with these indigenous people. Through Peace One Day, it allowed the chapter to make a difference, make an impact and impart hope because in most times hope is all we need. It is in this fortunate events that volunteers are given the chance to put *these peace concepts to life*. It is in avenues like this that we learn the realities of life and begin to wonder what we can do more. CISV, as a peace organization imparts and teaches to be responsible global citizens and to know that the possibilities of helping those in need are endless.

