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CISV Hong Kong

Co-hosted by

Crossroads Foundation

Sponsored by

Peace and Cross-Cultural
Education Foundation



Knowing the Need

With Heart

CISV HONG KONG

Junior Branch Project 2016 - Knowing the Need with Heart

In Partnership with Crossroads Foundation



Introduction

CISV HONG KONG had successfully held their Junior Branch Project 2016, titled "Knowing the Need with Heart" (KNH), on 8th October 2016 in Crossroads Village in Hong Kong. In this report, you will find useful information about this project, including an overview of the activity, highlights of the activity, feedback from some of the participants and the financial report.

Introducing Our Partner: Crossroads Foundation

Crossroads Foundation is a non-profit charity based in Hong Kong. Their goal is to connect people in a broken world. As their name suggests, they try to be a crossroads: bringing together those in need and those who can help. They do this through collecting quality excess and second-hand goods within Hong Kong, refurbishing them if necessary, and then distributing them to those in need within Hong Kong and internationally.

Crossroads also runs interactive and immersive simulations to give participants an experience of needs like urban poverty, refugees, HIV/Aids and blindness, through their

Global X-perience programmes. Crossroads supports fair trade and social enterprise with a Global Handicrafts marketplace selling fairly traded goods from around the world and their Silk Road Cafe, serving fair trade coffee and other beverages and snacks. Crossroads' online project, Global Hand, offers a website where companies and others from the for-profit world can find non-profit projects to partner on. Global Hand has offices in both Hong Kong and Tunbridge Wells, UK. For more information, please check out <https://staging.crossroads.org.hk/>.



Overview

KNH was one of the biggest events that the Junior Branch Hong Kong had ever organized in recent years. The project's aims were promoting CISV HONG KONG, increasing the awareness of local society need, promoting the culture of being a good community member and developing individual child's potential in cooperating with the others. To achieve these goals, we teamed up with Crossroads Foundation.

Crossroads Foundation offered experiential learning workshops and voluntary service for our participants. Two types of experiential learning workshops, which aim to help participants understand challenges faced by the disadvantaged in order to achieve the development of global citizen, were offered:

1. Blind X-perience

Participants are led through an African village, in total darkness, by guides who are themselves blind. Without sight, participants will learn to navigate using sound, touch and scent and are invited to experience the creativity and extraordinary capabilities of the visually impaired.

2. AIDS X-perience

Participants walk through the life of individuals who have come into contact with HIV/AIDS and, at the end, are "tested" to see if they are positive. They live, in a

simulated way, the realities of war, poverty, poor medical care, abusive treatment and wrong life choices.

Besides, voluntary service was done in KNH. Participants were divided into different groups and assigned different roles. There were different positions in which participants refurbished and packed quality excess and second-hand goods that Crossroads Foundation collected within Hong Kong.

The activity started at 08:30 and ended at 17:45. 51 participants were recruited and were divided into two big groups. Together with some executive committee members of CISV HONG KONG and helpers, a total of 58 people took part in KNH. We invite CISVers to take part in the workshop in order to build stronger team spirit and sense of belonging. In addition, this is an opportunity for CISVers to do voluntary service to enhance their awareness of local society needs.

Project Schedule

Time	Content
08:30- 09:00	Registration (giving label stickers and t-shirts after taking attendance)
09:00-09:45	Onward Journey from Mei Foo MTR station to Crossroads Village (CISV introduction by Clara Chau and JB committee)
09:45-10:00	Arrival and Toilet Break
10:00-10:30	Crossroads staff gives an introduction about Crossroads, and Experiential Activities/ Voluntary services
10:30-13:00	Group A - Experiential Activities and Debriefing Group B -Voluntary service
13:00 - 14:00	Lunch at Golden Beach nearby
14:00 – 16:30	Group A - Voluntary service Group B -Experiential Activities and Debriefing
16:30 – 16:40	Debriefing
16:40 – 16:45	Certificates distribution and collecting completed Evaluation Forms

16:45-16:50	Team Photo
16:50-17:00	Sharing from Ex-co Member
17:00- 17:45	Backward journey to Mei Foo MTR

Highlights of the activity

The programme was wonderful and we invited a cameraman to help us take some photos. Photos below are highlights of KNH.

We arrived Crossroads at 0945.



Global X-perience - Blind X-perience





Global X-perience - AIDS X-perience



Voluntary service - Clothes Section



Voluntary service - Toys Section



Voluntary service - Bulky packing Section



Voluntary service - Electronics Section



Debriefing and Evaluation





And last but not least, a great group photo!



Special thanks to ex-co members, JB committee members and all helpers



Feedback from participants

Our participants' age range is from 13 to 18. Among 51 participants, 14 of them are male participants, and 37 are female participants. 17 participants had CISV experience whereas the rest are recruited in a local secondary school.

Towards the end of the activity, we delivered an evaluation form for each participant to fill in. We received general feedback that the activity was a good, well-organized and educational activity. Furthermore, most participants used words such as "meaningful", "interesting" and "interactive" to describe the activity.

When we asked them if there are any suggestions on things needed to improve for the activity, 2 participants mentioned they wanted to do more experiential workshops, 2 participants wanted to have a longer activity time and 1 said the workshop was a bit long.

Some participants also gave more feedback on the activity.

Reflection from Carrie Cheung:

In this activity, I learnt a lot about poverty in other problems. I especially enjoyed the experience activity, where we could step into the shoes of people in danger of getting AIDs. There was even a story about a child soldier from Africa. However, I believe the experience that had most affected me was the blind experience. Since the other experiences were merely recordings on tape, this hands-on blindness experience left a starker impression on me and reminded me of how fortunate I am to live in a place like Hong Kong.

Reflection from Tan Tsz Ching:

I was extremely honored that I had a chance to participate “Knowing the Need with Heart”, which organized by CISV HONG KONG. Through this event, I discovered the horrible living conditions of impoverished people around the world and learnt more information about HIV (Human immunodeficiency virus) through stepping into an HIV victim’s shoes and experiencing their stories. During the volunteer work, I helped in the bulk room to pack up the unwanted curtains from different hotels. After we finished, the supervisor told us about some of the countries the packages were going to and I realized the poverty problem is very serious in different countries. As the saying goes, “One man’s trash is another man’s treasure”. What we may not need might change

someone else's life, so we should not take things for granted and should cherish what we have now.

Reflection from Tiffany Ho Tsz Kwan:

After participating in this programme, I understand what is 'it's more blessed to give than to receive. I am grateful that I don't have to worry about the basic needs of my life or whether I will survive tomorrow. I have learnt more about the difficulties of the unprivileged and the importance of companionship and guidance. Without them, I wouldn't complete the tasks set to me in the blind experience. After taking part in this programme, I have learnt how to be strong against adversity and embrace my life with positivity.



CHENG Wai Tung,
National Junior Representative of CISV HONG KONG